

JAN  
2021

FORT LEE INSIGHTS  
**NEWS & STORIES**



**HAPPY NEW YEAR!**

**Our President's Message**



Happy New Year! I hope the start of this year finds you and your loved ones healthy and happy. I wanted to take this time to thank all of you who participated in the collection of toys for the U.S. Marine Corps Reserve Toys for Tots program. Twenty-six of our

communities across the U.S. participated and collected thousands of toys for this program that brings holiday joy to more than seven million disadvantaged children each season. Hunt is proud to support this holiday tradition, and we're grateful for your generosity. As we enter the new year, we are partnering with the American Red Cross to help address the critically low blood supply levels. If you are healthy, we encourage you to consider donating blood. For those who have recovered from Coronavirus, donating your plasma can help up to 4 coronavirus patients in need. For other ways you can help, go to [www.redcross.org](http://www.redcross.org). Watch for information on mobile blood donation locations in January and February within our communities.

Best,

A handwritten signature in black ink that reads "John Ehle".

John Ehle  
President  
Hunt Military Communities



[HuntMilitaryCommunities.com](http://HuntMilitaryCommunities.com)



**January Event**

Due to the pandemic, we will not be able to do our Family Yoga this year. So, in keeping with our January healthy tradition, we will have a drive by event in each neighborhood to hand out a healthy snack. This event will be held on January 7, 2021 from 3:00 pm to 4:00pm.

Be on the lookout for the location of your spot where your Resident Service Specialist will be with your snack.

We will also be entering each household in a drawing to receive a 9 Piece Full Body Work Out Kit.

This drawing will be held on January 8, 2021.

**Locations:**

- Adams Chase - Okinawa and Rhineland
- Madison Park - Belleau Wood and Sisisky
- Jefferson Terrace - Ardennes and Battle
- Harrison Villa - Battle and Yorktown
- Monroe Manor - Cassino and Yorktown
- Jackson Circle - Entrance of Jackson Circle



**Contact Information**

1510 Sisisky Blvd. • Fort Lee, VA 23801

Phone: 804-733-1558

Facebook: Fort Lee Family Housing



## New Year, New You!

January is the time for new beginnings. Start the new year off with a clean slate. Set new goals and reflect on 2020 and what was accomplished.

### Here are a few ideas to get you started:

Cook a new recipe once a week. Studies show that cooking at home saves money, reduces calorie consumption, and contributes to healthier diets.

Become a plant owner. Studies show the presence of indoor plants lowers stress levels.

Donate clothes, shoes, and toys to a charity. By doing this, you reduce waste going to landfills, it clears your own clutter, and you are helping others in need.

Walk, walk, walk - Walking 30 minutes every day can increase your cardiovascular fitness, strengthen bones, reduce excess body fat, and boost muscle power and endurance.

## Congratulations to our December Pet of the Month Winner - Lola (Owner: Lindsey Key)



## Drive By Hot Chocolate Event A Success

Our December Hot Chocolate Drive by was a huge success! This year we partnered with USO for our monthly event. USO graciously handed out children's books, coloring books, crayons, pastries and candy, while the Fort Lee Family Housing team served hot chocolate. Santa and his Elf handed out candy canes while the snow swirled and Dancing Santa played Christmas carols. Fun was had by all!

## Shred IT

Who needs to declutter and start the New Year off fresh? Fort Lee Family Housing will have the Shred IT truck parked in the Welcome Center parking lot (1510 Sisisky Blvd) from 10:30am to 1:30pm on January 12, 2021. Bring all of your unwanted documents to have them shredded by the professionals.